

4th International Conference on Endorsing Health Science Research (ICEHSR – 16)

| Time | Session | Presenter | Organization |
|---------------|--|--|--|
| 08:00 – 09:00 | Registration Desk Open + Breakfast | | Venue: Main Auditorium (MUST) |
| 09:00 – 09:05 | National Anthem | | |
| 09:05 – 09:10 | Introduction to the Conference | Sadaf Ahmed (CEO-AEIRC) | Advance Educational Institute & Research Centre |
| 09:10 – 09:20 | Welcome Address | Tipu Sultan (Chancellor MUST) | Malir University of Science & Technology |
| 09:20 – 09:40 | Plenary Lecture Dr. Mehtab Karim | Health Care; Mission to Vision | Malir University of Science & Technology |
| 09:40 – 10:10 | Panel Discussion Impact Factor: Myths & Facts In Health Science Research | Zia Mohiyuddin , Shazia Shakoore, Fauzia Imtiaz, Shamim Qureshi, Shamoon Noushad | |
| 10:10 – 10:20 | Traumatic Stress as a Cause of Psychological Complications | Farah Batool | University of Karachi |
| 10:20 – 10:30 | Prescription Error; Adverse Drug Reactions: Pharmacovigilance Is The Solution | Hina Hasnain | Nazeer Hussain University |
| 10:30 – 10:40 | Antidepressant Activity Of Grape Vinegar: An In Vivo Investigation On Mice | Zaira Rashid | Jinnah University For Women |
| 10:40 – 10:50 | Knowledge, Attitude And Practice Regarding Food And Drug Interactions Amongst Medical And Non-Medical Students Of Karachi, Pakistan | Saqib Qureshi | Zia-ud-din University |
| 10:50 – 11:20 | Hi-Tea + Poster Session | | |
| 11:20 – 11:50 | Panel Discussion Pros & Cons Of Maladaptive Research Trainings | Bilal Siddique, Asma Makhani, Zafar Iqbal Abbassi, Nusrat Shah, Zehra Batool | |
| 11:50 – 12:00 | Bacillus Licheniformis Fm208: Identification And Optimization Of The Process Parameters For Its Growth And Thermostable Lactase Enzyme Production. | Farah Saleem | University of Karachi |
| 12:00 – 12:10 | Functional Foods: Effectiveness Of Centratherum Anthelminticum Seeds In Carbon Tetrachloride-Induced Liver Injury In Rats | Shamim A. Qureshi | University of Karachi |
| 12:10 – 12:20 | Empirical And In Silico Screening Of Bacteriocins Producers | Khush Bakht Nawaz Khan | Dow University Of Health Sciences |
| 12:20 – 12:30 | Automatic Health Care Unit | Zulqarnain | GFK Etilize Pakistan and Forum Pk |
| 12:30 – 01:00 | Panel Discussion Millennium Development Goals & Sustainability Development Goals; Connections Needed For University Based Research In Pakistan | Mirza Ali Azher, Atif Mehmood, Tipu Sultan, Sarwan Kumar, Sadaf Ahmed | |
| 01:00 – 01:10 | Childhood Domestic Injuries: A Cross-Sectional Survey In Joint And Nuclear Families Of Karachi | Asif Khaliq | Baqai University |
| 01:10 – 01:20 | Assessment Of Knowledge Of Medical Students On An Important Health Issue-Naegleria Fowleri Infection At A Medical College Of Karachi | Munazza Suharwardy Obaid | Karachi |
| 01:20 – 01:30 | Stress, Widowhood And Psychological Wellbeing: A Case Study | Afreen Amir Ali | Aga Khan University Hospital |
| 01:30 – 01:40 | Prevalence Of Depression Among The Patients Of Tuberculosis Disease: A Comparative Study Among The Outdoor Patients In City District Hospital Nawabshah, Sindh, Pakistan | Asma Perveen | Sultan Idris University of Education, Malaysia |
| 01:40 – 02:10 | Lunch | | |
| 02:10 – 02:40 | Panel Discussion Funding Constraints & Prospects Of Healthcare | Muhammad Imran, Nelofer Sultana, Sajjad Siddiqui, Qazi Wasiq, Syed. A. Aziz, Shabbir Nawaz, Shaheen Zafar | |
| 02:40 – 02:50 | Association Of REG 1α Gene Polymorphisms With Type II Diabetes In The Pakistani Subjects | Sadaf Saleem Uppal | NUST |
| 02:50 – 03:00 | Prevalence Of Self-Medication And The Factors Influencing Its Practice. | Muhammad Nehal Nadir | Zia-ud-din University |
| 03:00 – 03:10 | Psychogenic Imitation Of Chronic Pain | Uzma Naseem | University of Karachi |
| 03:10 – 03:20 | Modeling And Simulation Of Plaque In Carotid Artery And Its Effect On Blood Velocity | Anum Waseen | Sir Syed University Of Engineering And Technology |
| 03:20 – 03:40 | Award Ceremony & Concluding Remarks | | |
| 03:40 – 04:00 | Hi-Tea | | |

| Time | Session – I | Presenter | Venue: Lecture Hall (MUST) |
|---------------|---|----------------------------|------------------------------|
| 11:50 – 12:00 | Comparison Of Circulating Cortisol Levels In Response To Endurance Training. | Ramsha Alam | University of Karachi |
| 12:00 – 12:10 | No. Of Interventions Required To Use Of Gentamicin In NICU. | Munazza Quraishi | Aga Khan University Hospital |
| 12:10 – 12:20 | Estimation Of Losses Of Air Pressure During Speech Due To Tracheostomy Tube | Syed Azhar Hussain Kazimi | Sir Syed University |
| 12:20 – 12:30 | Father Focused Maternity Care | Nazish Hussain Ali Pachani | Aga Khan University Hospital |
| | Session – II | Presenter | |
| 01:00 – 01:10 | Pharmaceutical Manufacturing Processes; Literature Review As Retrospective Tool To Assess The Potential Significance | Saqib Qureshi | Zia-ud-din University |
| 01:10 – 01:20 | Dupatta Injuries In Female Pillion Riders In Karachi Pakistan | Muhammad Muzzammil | JPMC |
| 01:20 – 01:30 | Effectiveness Of Aromatherapy On Physical Vitals Of Exercising Females. | Alvira Ali | University of Karachi |

4th International Conference on Endorsing Health Science Research (ICEHSR – 16)

| | | | |
|---------------|--|----------------------|---|
| 01:30 – 01:40 | Incubating Blanket For Infant Care | Ayesha Feroz | Sir Syed University Of Engineering And Technology |
| Time | Session – III | Presenter | |
| 01:40 – 01:50 | Retrospective Evaluation Of Neonatal Sepsis Prevalence, Mortality Rate & Effective Treatment Option | Hina Liaquat | Jinnah University For Women |
| 02:50 – 03:00 | Determinants Of Oral Health Seeking Behaviour Of BDS Scholars At Liaquat University Suffering From Aphthous Ulcers | Hina Fazil | Liaquat University of Medical & Health Sciences |
| 03:00 – 03:10 | Frequency And Awareness Of Thalassaemia In Families With Cousin Marriages. | Muhammad Muizz Uddin | Sindh Medical University |

| Poster Session | | | Venue: Main Corridor 2 nd Floor (MUST) |
|----------------|--|----------------------------|---|
| P1 | Self-Medication And Response Of General Public: A Survey Based Study. | Saqib Qureshi | Zia-ud-din University |
| P2 | Shared Responsibility: A Buffering Effect | Nazish Hussain Ali Pachani | Aga Khan University Hospital |
| P3 | Cloud Computing In Health Care - Developing A Smart Sehat Model | Tuba Khan | Institute of Business Management |
| P4 | Kangaroo Care; Cost Effective Intervention | Afshan Iqbal Ali | Aga Khan University Hospital |
| P5 | Environmental Hazards Of Pharmaceutical Effluents | Arman Tabassum | University of Karachi |
| P6 | M-Health/E-Health In Developing Countries: A Literature Review | Afreen Amir Ali | Aga Khan University Hospital |
| P7 | Strategies To Overcome Women's Violence In Pakistan | Afreen Amir Ali | Aga Khan University Hospital |
| P8 | Trend Of Fast Food Consumption Among University Girls. | Iqra Ismail | RLAK College of Home Economics |
| P9 | To Assess The Knowledge And Practice Of School Children Towards Tooth Brushing | Huma Hassan | Dow University Of Health Sciences |
| P10 | Depressive symptoms among nursing professionals at Hyderabad | Wajiha Afzal | Liaquat University |
| P11 | Eco-Friendly Fabric Dyeing With Green Algae. | Sadia Munawer | University of Karachi |
| P12 | Work Related Stress Among Dentists Of Various Colleges Of Karachi: A Cross Sectional Study | Madiha Aslam | Dow International Dental College |
| P13 | Parental Conflicts- Jeopardizing Adolescent's Mental Health | Qurrat-Ul-Ain Virani | Aga Khan University Hospital |
| P14 | Psychosocial Effects Of Sexual Exploitation On Children Health | Zahra Salim Jessani | Aga Khan University Hospital |
| P15 | To Assess The Knowledge And Awareness Among Dental Students And Post Graduate Trainees About Needle Stick Injury. | Maham Ahmed | Dow University Of Health Sciences |
| P16 | Prevalence Of Cyberchondria In Karachi | Shaheen Kausar | Dow University Of Health Sciences |
| P17 | Irrational Use Of Antibiotics, In Different Age Groups Of Karachi. A Wakeup Call For Antibiotic Resistance & Future Infections | Syeda Sarah Abbas | Jinnah University For Women |
| P18 | To Know About The Use, Dispensing And Prescribing Banned Drugs In Pakistan. | Madiha Hamid | Federal Urdu University |
| P19 | Cross-Sectional Analysis Of Incidence & Prevalence Of Aphthous Mouth Ulcers Among Dental Scholars At Liaquat University | Doha Rajar | LUMHS Research Forum |
| P20 | A Case Report On Amiodarone Induce Acute Hepatotoxicity | Qurat-Ul-Ain Hafeez | Aga Khan University Hospital |
| P21 | Epidemiology Of Oral Cavity Cancers In Karachi. | Maheen Sohail | Dow University Of Health Sciences |
| P22 | Junk Food Intake And The Associated Cognitive Decline In University Undergraduates. A Comparative Study On Male And Female Subjects. | Lubna Khan | University of Karachi |
| P23 | The Prevalence Of Obesity And Related Risk Factors, In Adult Population | Rehana Aziz | University of Karachi |
| P24 | Evaluation Of The Increased Risk Of Dementia In Cognitive Impaired Patients By The Chronic Use Of Anticholinergic Drugs | Hina Liaquat | Jinnah University For Women |
| P25 | Physical Stress Evaluation In Coronary Angiography Patients: Using Sadaf Stress Scale | Jawwad | University of Karachi |
| P26 | Evaluate The Use Of OTC Analgesic & Factors Associated With Its Use In Local Residents Of Karachi. | Shariqa Khawaja | Karachi |
| P27 | Nutritional Stress as an adverse Effect of Anti-Diabetic Medicine | Durreshahwar | University of Karachi |
| P28 | Attitude And Practice Regarding Blood Pressure Measurement Among Health Care Professionals At A Tertiary Care Hospital. | Rabail Zaman | Liaquat University Of Medical & Health Sciences |
| P29 | Effect Of Sphygmomanometer Cuff Size On Blood Pressure Measurement | Sobia Anum | LUMHS Research Forum |
| P30 | Effect Of Exercise On Pseudo Dilution Anemia In Healthy Male Subjects. A Comparative Study. | Amaila Fazal | University of Karachi |
| P31 | Desensitization To Imipenem In A Patient With Multiple Comorbid | Qurat-Ul-Ain Hafeez | Aga Khan University Hospital |
| P32 | Use Of Caffeine Among University Students For Academic Purposes: Benefits, Side-Effects, Withdrawal Symptoms | Nida Naseem | University Of Karachi |
| P33 | Psychosocial Issues Of Patients After Stroke (Research And Implications) | Farhat Naz | Karachi. |
| P34 | Knowledge, Attitude And Practice Regarding Oral Health And Its Association With Dental Caries Among The People Attending Dental Hospital In Mirpurkhas | Umer Raza Meerani, | Bhitai Dental And Medical College |
| P35 | Prevalence Of Day Time Sleepiness, Circadian Rhythm And Perception Of Caffeine Consumption Among University Students. | Sehar Fatima | University Of Karachi |
| P36 | Interaction Between Meropenem And Valproate: Not To Forget | Qurat-Ul-Ain Hafeez | Aga Khan University Hospital |
| P37 | Spectrum Of Remedies Of Primary Acute Rhinitis | Aisha Rehman | Liaquat University |
| P38 | New-Born Screening For Hypothyroidism: A Need Based Study | Fauzia Imtiaz | Dow University Of Health Sciences |
| P39 | Awareness Regarding Risk Of Genetic Disorders Due To Consanguineous Marriages. | Sana Sarfaraz | Jinnah University for Women |
| P40 | Prevalence of Anorexia Nervosa and General Body Perception in Young Adults. | Sidra Jabbar | University Of Karachi |
| P41 | Prevalence And Overt Exposure To Etiological Factors Of Tuberculosis | Gulbibi Ayaz | Liaquat University |
| P42 | Effect Of Primary Rhinitis Among University Students Of Hyderabad | Noor Us Sahar | Liaquat University |