

# 1<sup>st</sup> International Conference on Psychophysiology (Seven Strings of Stress)

Jointly Organized by AEIRC & IBS, 20<sup>th</sup> December 2014

Keynote lectures			
Time	Presenter	Title	Affiliation
9:00 am	Mr.M. Sikander	Recitation of holy Quran	Baqai Medical University
9:05 am	Ms.Shahla ahmed	Welcome address	Institute of Behavioural Sciences
9:10 am	Dr. Sadaf ahmed	Introduction to conference	Advance Educational Institute & Research Centre
9:20 am	Mr.Shamoon noushad	Seven strings of stress	Advance Educational Institute & Research Centre
9:40 am	Dr. Nelofer sultana	Aging and stress	Shaheed Mohtarma Benazir Bhutto Medical College
9:55 am	Prof. Dr. Sohail	The psychiatric management of stress	Institute of Behavioural Sciences
10:10 am	Prof. Dr. Saida haider	Neurochemistry of stress	Department of biochemistry, uok
10:30 am	Dr. Zia mohiyuddin	Biomedical electronic stimulation techniques used to treat physiological stress	Sir Syed University of Engineering & Technology
<b>Launch of Psychophysiology of Stress book</b>			
<b>Address by Chief Guest, Senator Abdul Haseeb Khan</b>			
10:50 am	<b>Tea</b>		
<b>Penalist</b>			
	Prof. Dr. Raza ur rahman		Civil hospital, dow university of health sciences
	Prof. Dr. Zafar iqbal abbasi		Baqai institute of diabetology
	Prof. Dr. Ahmed azmi		Al-tibri medical college
	Prof.Dr.shamim qureshi		University of karachi
	Prof.Dr. Nelofer sultana		Shaheed mohtarma benazir bhutto medical college
<b>Poster presentation</b>			
Time	Presenter	Title	Affiliation
11:00 - 12:00 pm	Amara gul	Maladaptive emotion regulation strategies correlate with bipolar euthymic states	Behavioral sciences department and counseling Centre, university of health sciences Lahore
	Arfa naeem	Caffeine induced effects on short term memory and spatial memory in a healthy male and female subjects, a comparative study.	Neurovascular physiology & biophysics unit, uok
	Huzaifa sarfaraz	Qualitative study to find reasons behind less women economic participation in pakistan	Advance Educational Institute & Research Centre
	Syed omair adil	Comparative assessment of sleeping behavior among undergraduate medical and engineering students	Omair sana foundation
	Karishma karim	Stress management	Aga khan university hospital
	Sadaf mumtaz	To study the biomarker of stress	Youth apprenticeship program
	Hamza & Safdar	Comparison of physical stress among myocardial infarction and hypertensive patients in lyari general hospital, karachi	Advance Educational Institute & Research Centre
	Saima khan	Analysis of health related quality of diabetes patients under the light of sss	Advance Educational Institute & Research Centre
	Afshan Tabassum	Menstruation; a cause of recurrent emotional stress in young females	Neurovascular physiology & biophysics unit, uok

	Syed Zain Azher	Assessment of major physical stressor & its psychophysiology: a comprehensive review	Advance Educational Institute & Research Centre
	Azada Hussain Ali	Maladaptive coping, a way to resolve mental stress	Aga khan university hospital
<b>Oral presentation</b>			
Time	Presenter	Title	Affiliation
11:00 am	Zehra Batool	Combating the negative and illuminating the positive aspects of stress	Neurochemistry and biochemical neuropharmacology research unit, uok
11:10 am	Syed Zain Azher	Increasing prevalence of emotional stress among youth of Karachi Pakistan	Advance Educational Institute & Research Centre
11:20 am	Faizan Mirza	Effect of power enhancing drugs on mind and personality of male users.	Neurovascular physiology & biophysics unit, uok
11:30 am	Hina Hazrat	The prenatal physical stress: a myth or fact	Neurovascular physiology & biophysics unit, uok
11:40 am	Sadia Shah	Empathy levels among medical students: a psycho-social analysis	Lumhs research forum, Sindh
11:50 am	Kiran Zafar	Effects of caffeine on verbal and non-verbal reasoning, problem solving ability and attention on male and female subjects.	Neurovascular physiology & biophysics unit, uok
12:00 pm	Amara Farooq	Obesity as a noticeable cause of physical stress; a study on relationship of physical exertion and cardiovascular parameters	Neurovascular physiology & biophysics unit, uok
12:10 pm	Sana Adeel	Stimulation based determination of optimum electrode size to treat tooth pain using electrical nerve stimulation	School of electrical engineering and computer science, kyungpook national university
12:20 pm	Ashraf Altaf karani	Highlighting causes and destructive impact of stigmatization on health status of mentally challenged clients in developing countries.	Baqai medical university
12:30 pm	Dr. Zsuzsanna	<b>Stress Coping strategies</b>	<b>ALIVE</b>
12:50 pm	Muzna	Exercise induced physical stress: a study on cardiovascular parameters & serum cortisol	Neurovascular physiology & biophysics unit, uok
1:00 pm	Salima Altaf karani	A pilot project to analyze the application of nightingale's theory in declining depression in elders	Aga khan university hospital
1:10 pm	Nehan Syed	Prevalence of malignancies in relation with stress in the population of jamshoro, sindh (pakistan)	Liaqat university of medical and health sciences jamshoro, Sindh
1:20 pm	Afshan Tabassum	Physical stress during menstrual cycle; a study on pain, discomfort and exhaustion	Neurovascular physiology & biophysics unit, uok
1:30 pm	Muddasir Hassain	Simulation of fat reduction by optimization of peltier device temperature to control obesity	School of electrical engineering and computer science, kyungpook national university
1:40 pm	Saima khan	Assesment of prevailing stress in youth; A Study via SSS	Advance Educational Institute & Research Centre
1:50 pm	Amara Gul	Emotion regulation strategies and task switching deficits in patients with psychogenic nonepileptic seizures	Behavioral sciences department and counseling Centre, university of health sciences Lahore
2:00 pm	Unzela Ayub	nutritional distress; a psycho-physiological health concern	Advance Educational Institute & Research Centre
<b>Lunch</b>			
<b>Seminar on chemical stress</b>			
Time	Presenter	Title	Affiliation
2:20 pm	Vas Dev	Drug addiction; a vulnerability to chemical stress & its management	Dow university of health sciences
2:40 pm	Syed A Aziz	Chemical stress an overview	University of Ottawa , Canada
3:00 pm	<b>Award ceremony</b>		